The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.welcometouhc.com or by calling 1-800-782-3740. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-866-487-2365 to request a copy.

| Important<br>Questions   | Answers  | Why This Matters:  |
|--|--|--|
| What is the overall <u>deductible</u> ?                                      | <u>Network</u> : \$5,500 Individual / \$11,000 Family<br>Per calendar year.  | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u><br>amount before this <u>plan</u> begins to pay. If you have other family members on the<br><u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total<br>amount of <u>deductible</u> expenses paid by all family members meets the overall family<br><u>deductible</u> .  |
| Are there services<br>covered before you<br>meet your<br><u>deductible</u> ? | Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .  | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u><br>amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers<br>certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your<br><u>deductible</u> . See a list of covered <u>preventive services</u> at<br>www.healthcare.gov/coverage/preventive-care-benefits/.  |
| Are there other<br>deductibles for<br>specific services?                     | Yes, <u>Prescription</u> <u>drugs</u> - \$350 Individual/ \$700<br>Family<br>Does not apply to Tier 1 and 2 drugs.<br>There are no other specific <u>deductibles</u> . | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.   |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?         | Network: \$8,700 Individual / \$17,400 Family  | The <u>out-of-pocket</u> limit is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> limits until the overall family <u>out-of-pocket</u> limit has been met.  |
| What is not included<br>in the <u>out-of-pocket</u><br>limit?                | Premiums, balance-billing charges (unless<br>balanced billing is prohibited), and health care this<br>plan doesn't cover.  | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> limit.  |
| Will you pay less if<br>you use a <u>network</u><br><u>provider</u> ?        | Yes. See www.welcometouhc.com or call<br>1-800-782-3740 for a list of <u>network providers</u> .   | This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a<br>referral to see a<br>specialist?                            | No.  | You can see the <u>specialist</u> you choose without a <u>referral</u> .   |

All **<u>copayment</u>** and <u>**coinsurance**</u> costs shown in this chart are after your <u>**deductible**</u> has been met, if a <u>**deductible**</u> applies.

4

| Common<br>Medical Event  | Services You<br>May Need                               | What You Will Pay  |  |   |
|--|--|--|--|---|
|  |  | Network<br>Provider (You<br>will pay the<br>least)                   | Out-of-Network<br>Provider (You<br>will pay the<br>most) | Limitations, Exceptions, & Other Important<br>Information   |
| If you visit a<br>health care<br><u>provider's</u> office<br>or clinic | Primary care visit to<br>treat an injury or<br>illness | No Charge  | Not Covered  | Virtual visits (Telehealth) - No Charge by a Designated Virtual<br><u>Network Provider</u> .  |
|  | <u>Specialist</u> visit                                | \$125 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply | Not Covered  | If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.  |
|  | Preventive<br>care/screening/im-<br>munization         | No Charge  | Not Covered  | Includes preventive health services specified in the health care<br>reform law. You may have to pay for services that aren't<br>preventive. Ask your <u>provider</u> if the services needed are<br>preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test   | <u>Diagnostic test</u><br>(x-ray, blood work)          | 40% coinsurance  | Not Covered  | None  |
|  | Imaging (CT/PET scans, MRIs)                           | 40% coinsurance  | Not Covered  | None  |

| Common  | Services You   | What You Will Pay  |  |  |  |
|---|--|--|--|--|--|
| Medical Event   | May Need   | Network<br>Provider (You<br>will pay the<br>least)   | Out-of-Network<br>Provider (You<br>will pay the<br>most) | Limitations, Exceptions, & Other Important<br>Information  |  |
| If you need drugs<br>to treat your<br>illness or<br>condition<br>More information             | Tier 1 - Your<br>Lowest-Cost<br>Option               | Deductible does not<br>apply. Retail: \$15 <u>copay</u><br>Mail-Order: \$37.50<br><u>copay</u><br>Specialty Drugs** : \$15<br><u>copay</u> | Not Covered  | Provider means pharmacy for purposes of this section.<br>Retail: Up to a 31 day supply. Mail-Order: Up to a 90 day supply<br>or Preferred 90 Day Retail <u>Network</u> pharmacy. If you use an<br><u>out-of-Network</u> pharmacy (including a mail order pharmacy),<br>you may be responsible for any amount over the <u>allowed</u><br><u>amount</u> .  |  |
| about <b>prescription</b><br><b>drug coverage</b> is<br>available at www.<br>welcometouhc.com | Tier 2 - Your<br>Midrange-Cost<br>Option             | Deductible does not<br>apply. Retail: \$60 copay<br>Mail-Order: \$150<br>copay<br>Specialty Drugs** : \$60<br>copay                        | Not Covered  | **Your cost shown is for a Preferred Specialty <u>Network</u><br>Pharmacy. Non-Preferred Specialty <u>Network</u> Pharmacy: <u>Copay</u><br>is 2 times the Preferred Specialty <u>Network</u> Pharmacy: <u>Copay</u> or<br>the <u>coinsurance</u> (up to 50% of the <u>Prescription Drugs</u> Charge)<br>based on the applicable Tier.<br><u>Copay</u> is per prescription order up to the day supply limit listed<br>above.   |  |
|   | Tier 3 - Your<br>Midrange-Cost<br>Option             | Retail: \$125 <u>copay</u><br>Mail-Order: \$312.50<br><u>copay</u><br><u>Specialty Drugs** :</u><br>\$125 <u>copay</u>                     | Not Covered  | You may need to obtain certain drugs, including certain <u>specialty</u><br><u>drugs</u> , from a pharmacy designated by us.<br>Certain drugs may have a <u>preauthorization</u> requirement or may<br>result in a higher cost. You may be required to use a lower-cost<br>drug(s) prior to benefits under your policy being available for   |  |
|   | Tier 4 - Additional<br>High-Cost Options             | Retail: \$350 <u>copay</u><br>Mail-Order: \$875<br><u>copay</u><br><u>Specialty Drugs** :</u><br>\$500 <u>copay</u>                        | Not Covered  | certain prescribed drugs.<br>See the website listed for information on drugs covered by your<br><u>plan</u> . Not all drugs are covered.<br>Prescription drug List (PDL): Essential . <u>Network</u> : National<br>If a dispensed drug has a chemically equivalent drug, the cost<br>difference between drugs in addition to any applicable <u>copay</u><br>and/or <u>coinsurance</u> may be applied. Certain preventive<br>medications, zero cost share medications, and Tier 1<br>contraceptives are covered at No Charge. |  |
| If you have<br>outpatient surgery   | Facility fee (e.g.,<br>ambulatory surgery<br>center) | 40% <u>coinsurance</u>   | Not Covered  | None   |  |

| Common Services You   |   | What You Will Pay                                  |  |   |  |
|---|---|--|--|---|--|
| Medical Event   | May Need  | Network<br>Provider (You<br>will pay the<br>least) | Out-of-Network<br>Provider (You<br>will pay the<br>most) | Limitations, Exceptions, & Other Important<br>Information   |  |
|   | Physician/surgeon fees                          | 40% <u>coinsurance</u>                             | Not Covered  | None  |  |
| If you need<br>immediate<br>medical attention   | Emergency room<br>care                          | 40% <u>coinsurance</u>                             | 40% <u>coinsurance</u>                                   | \$500 Emergency per occurrence <u>deductible</u> applies prior to the overall <u>deductible</u> .   |  |
|   | Emergency medical<br>transportation             | 40% <u>coinsurance</u>                             | 40% <u>coinsurance</u>                                   | None  |  |
|   | <u>Urgent care</u>                              | No Charge  | Not Covered  | If you receive services in addition to <u>urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> , or <u>coinsurance</u> may apply e.g. surgery.                      |  |
| If you have a hospital stay   | Facility fee (e.g.,<br>hospital room)           | 40% <u>coinsurance</u>                             | Not Covered  | None  |  |
|   | Physician/surgeon fees                          | 40% <u>coinsurance</u>                             | Not Covered  | None  |  |
| If you need<br>mental health,<br>behavioral health,<br>or substance<br>abuse services | Outpatient services                             | No Charge  | Not Covered  | <u>Network</u> partial <u>hospitalization</u> /intensive outpatient<br>treatment/high intensity outpatient: 40% <u>coinsurance</u><br>Intensive Behavior Therapy (ABA): No Charge . |  |
|   | Inpatient services                              | 40% coinsurance                                    | Not Covered  | None  |  |
| If you are<br>pregnant  | Office visits                                   | No Charge  | Not Covered  | <u>Cost sharing does not apply for preventive services</u> . Depending<br>on the type of services, a <u>copayment</u> , <u>deductibles</u> , or<br><u>coinsurance</u> may apply.    |  |
|   | Childbirth/delivery<br>professional<br>services | 40% <u>coinsurance</u>                             | Not Covered  | Maternity care may include tests and services described<br>elsewhere in the SBC (i.e., ultrasound.)   |  |
|   | Childbirth/delivery facility services           | 40% <u>coinsurance</u>                             | Not Covered  | None  |  |
| If you need help<br>recovering or have<br>other special<br>health needs               | Home health care                                | 40% <u>coinsurance</u>                             | Not Covered  | Limited to 364 visits per calendar year.  |  |
|   | Rehabilitation<br>services                      | 40% coinsurance                                    | Not Covered  | Limits per calendar year: Physical, Speech, Occupational: 20 visits each. Cardiac & Pulmonary: Unlimited.   |  |

| Common                                    |                               |   |  |   |
|---|-------------------------------|---|--|---|
| Medical Event                             | May Need                      | Network<br>Provider (You<br>will pay the<br>least)                  | Out-of-Network<br>Provider (You<br>will pay the<br>most) | Limitations, Exceptions, & Other Important<br>Information   |
|   | Habilitation services         | 40% <u>coinsurance</u>  | Not Covered  | Limits per calendar year: Physical, Speech, Occupational: 20<br>visits each.<br>Cost share applies for outpatient services only.  |
|   | Skilled nursing care          | 40% <u>coinsurance</u>  | Not Covered  | Skilled Nursing Facility is limited to 100 days per calendar year .   |
|   | Durable medical<br>equipment  | 40% <u>coinsurance</u>  | Not Covered  | None  |
|   | Hospice services              | 40% <u>coinsurance</u>  | Not Covered  | None  |
| If your child needs<br>dental or eye care | Children's eye exam           | \$10 <u>copay</u> per visit,<br><u>deductible</u> does not<br>apply | Not Covered  | One exam every 12 months.   |
|   | Children's glasses            | \$25 <u>copay</u> per frame,<br><u>deductible</u> does not<br>apply | Not Covered  | One pair every 12 months.<br>Costs may increase depending on the frames selected. You may<br>choose contact lenses instead of eyeglasses. The benefit does not<br>cover both. |
|   | Children's dental<br>check-up | 0% <u>coinsurance</u>   | Not Covered  | Cleanings covered 2 times per 12 months.  |

# Excluded Services & Other Covered Services:

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |                       |                  |  |  |  |
|--|-----------------------|------------------|--|--|--|
| • Cosmetic surgery   | • Dental care (Adult) | • Long-term care | • Non-emergency care when traveling outside the U.S. | • Routine foot care                        |  |
| Weight loss programs   |                       |                  |  |  |  |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)                     |                       |                  |  |  |  |
| • Acupuncture - 6<br>treatments/calendar year  | • Bariatric surgery   | Hearing aids     | • Infertility treatment                              | • Private-duty nursing -<br>Inpatient only |  |
| cicacificito, calcificar year  |                       |                  |  | 1 ,  |  |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: 1-866-444-3272 or www.dol.gov/ebsa/healthreform for the U.S. Department of Labor, Employee Benefits Security Administration, you may also contact us at 1-800-782-3740. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health</u> Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-782-3740; or the Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or the Colorado Division of Insurance at 303-894-7490 or www.dora.state.co.us/insurance.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-782-3740. Traditional Chinese (中文): 如果需要中文的帮助, **请拨打这个号码** 1-800-782-3740. Navajo (Dine): Dinek'ehgo shika at' ohwol ninisingo, kwiijigo holne' 1-800-782-3740. Pennsylvania Dutch(Deitsch): Fer Hilf griege in Deitsch, ruf 1-800-782-3740. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-782-3740. Samoan(Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-800-782-3740. Carolinian(Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-800-782-3740. Chamorro(Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-800-782-3740.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

| The plan's overall deductible | \$ 5,500 |
|-------------------------------|----------|
| Specialist copayment          | \$125    |

- Specialist copayment
- Hospital (facility) coinsurance
- Other coinsurance

#### This EXAMPLE event includes services like:

40%

40%

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

| Total Example Cost              | \$12,700     |  |
|---------------------------------|--------------|--|
| In this example, Peg would pay: |              |  |
| Cost Sharing                    |              |  |
| Deductibles                     | \$5,500      |  |
| Copayments                      | \$0          |  |
| Coinsurance                     | \$2,200      |  |
| What isn't covered              |              |  |
| Limits or exclusions            | <b>\$6</b> 0 |  |
| The total Peg would pay is      | \$7,760      |  |

| Managing Joe's Type 2 Diabetes        |
|---------------------------------------|
| (a year of routine in-network care of |
| a well-controlled condition)          |

| The plan's overall deductible   | \$ 5,500 |
|---------------------------------|----------|
| Specialist copayment            | \$125    |
| Hospital (facility) coinsurance | 40%      |
| Other coinsurance               | 40%      |

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)

| Total Example Cost              | \$5,600 |  |  |  |
|---------------------------------|---------|--|--|--|
| In this example, Joe would pay: |         |  |  |  |
| Cost Sharing                    |         |  |  |  |
| Deductibles                     | \$600   |  |  |  |
| Copayments                      | \$1,400 |  |  |  |
| Coinsurance                     | \$0     |  |  |  |
| What isn't covered              |         |  |  |  |
| Limits or exclusions            | \$0     |  |  |  |
| The total Joe would pay is      | \$2,000 |  |  |  |

#### **Mia's Simple Fracture** (in-network emergency room visit and follow up care)

| The plan's overall deductible                       | \$ 5,500 |
|---|----------|
| Specialist copayment                                | \$125    |
| <ul> <li>Hospital (facility) coinsurance</li> </ul> | 40%      |
| • Other coinsurance                                 | 40%      |

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

| Total Example Cost |  | \$2,800 |
|--------------------|--|---------|
|                    |  |         |

#### In this example, Mia would pay:

| Cost Sharing               |         |
|----------------------------|---------|
| Deductibles                | \$2,500 |
| Copayments                 | \$100   |
| Coinsurance                | \$0     |
| What isn't covered         |         |
| Limits or exclusions       | \$0     |
| The total Mia would pay is | \$2,600 |

# Appendix A Colorado Supplement to the Summary of Benefits and Coverage Form

|    | INSURANCE COMPANY NAME                    | UnitedHealthcare of Colorado, Inc.  |
|----|---|---|
|    | NAME OF PLAN                              | Doctors Plan DXFO /N36S   |
| 1. | Type of Policy                            | Small Employer Group Policy   |
| 2. | Type of Plan                              | Health maintenance organization (HMO)   |
| 3. | Areas of Colorado where plan is available | Plan is available only in the following areas: Adams, Arapahoe, Archuleta, Broomfield,<br>Boulder, Clear Creek, Crowley, Denver, Delta Dolores, Douglas, Eagle, El Paso, Garfield,<br>Grand, Gunnison, Hinsdale, Jackson, Jefferson, La Plata, Lake, Larimer, Lincoln, Jefferson,<br>Larimer, Lincoln, Mesa, Moffat, Montezuma, Montrose, Otero, Ouray, Park, Pitkin, Pueblo,<br>Rio Blanco, Routt, San Juan, San Miguel, Summit, Teller, and Weld. |

## SUPPLEMENTAL INFORMATION REGARDING BENEFITS

**Important Note:** The contents of this form are subject to the provisions of the policy, which contains all terms, covenants and conditions of coverage. It provides additional information meant to supplement the Summary of Benefits of Coverage you have received for this plan. This plan may exclude coverage for certain treatments, diagnoses, or services not specifically noted. Consult the actual policy to determine the exact terms and conditions of coverage.

|    |  | Description  |
|----|--|--|
| 4. | Annual Deductible Type                                       | INDIVIDUAL - The amount that each member of the family must meet prior to claims<br>being paid. Claims will not be paid for any other individual until their individual deductible or<br>the family deductible has been met.                       |
|    |  | FAMILY - The maximum amount that the family will pay for the year. The family deductible can be met by 2 or more individuals.  |
| 5. | Out-of-Pocket Maximum  | INDIVIDUAL - The amount that each member of the family must meet prior to claims<br>being paid at 100%. Claims will not be paid at 100% for any other individual until their<br>individual out-of-pocket or the family out-of-pocket has been met. |
|    |  | FAMILY - The maximum amount that the family will pay for the year. The family out-of-pocket can be met by 2 or more individuals.   |
| 6. | What is included in the In-Network<br>Out-of-Pocket Maximum? | Copayments and Deductibles   |
| 7. | Is pediatric dental covered by this plan<br>Maximum?         | Yes, pediatric dental is subject to the medical deductible and out-of-pocket   |
| 8. | What cancer screenings are covered?                          | Breast Cancer Screening - Cervical Cancer Screening - Colorectal Cancer Screening - Prostate Cancer Screening.   |

# USING THE PLAN

| 9. If the provider charges more for a covered service than the plan normally pays, does the enrollee have to pay the difference? | No |
|--|----|
| 10. Does the plan have a binding arbitration clause?   | No |

Questions: Call 1-800-516-3344 or visit us at www.UnitedHealthcare.com.

If you are not satisfied with the resolution of your complaint or grievance, contact:

Colorado Division of Insurance Consumer Affairs Section 1560 Broadway, Suite 850, Denver, CO 80202 Call: 303-894-7490 (in-state, toll-free: 800-930-3745) Emal: insurance@dora.state.co.us

# Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-782-3740

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-782-3740

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-782-3740

Navajo (Dine): Dinek'ehgo shika at' ohwol ninisingo, kwiijigo holne' 1-800-782-3740

You have the right to get help and information in your language at no cost. To request an interpreter, call the toll free-member phone number listed on your health plan ID card, press 0. TTY711

This letter is also available in other formats like large print. To request the document in another format, please call the toll-free member phone number listed on your health plan ID card, TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

| 1 | Spanish    | Tiene derecho a recibir ayuda e información en su idioma sin costo. Para<br>solicitar un intérprete, llame al número de teléfono gratuito para<br>miembros que se encuentra en su tarjeta de identificación del plan de<br>salud y presione 0. TTY 711   |
|---|------------|--|
| 2 | Vietnamese | Quý vị có quyền được giúp đỡ và cấp thông tin bằng ngôn ngữ của quý<br>vị miễn phí. Để yêu cầu được thông dịch viên giúp đỡ, vui lòng gọi số<br>điện thoại miễn phí dành cho hội viên được nêu trên thẻ ID chương<br>trình bảo hiểm y tế của quý vị, bấm số 0. TTY 711                         |
| 3 | Chinese    | 您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥  |
|   |            | 打您健保計劃會員卡上的免付費會員電話號碼,再按0。聽力語言<br>殘障服務專線 711  |
| 4 | Korean     | 귀하는 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는  |
|   |            | 권리가 있습니다. 통역사를 요청하기 위해서는 귀하의 플랜  |
|   |            | ID카드에 기재된 무료 회원 전화번호로 전화하여 0번을 누르십시오.<br>TTY 711   |
| 5 | Russian    | Вы имеете право на бесплатное получение помощи и информации<br>на вашем языке. Чтобы подать запрос переводчика позвоните по<br>бесплатному номеру телефона, указанному на обратной стороне<br>вашей идентификационной карты и нажмите 0. Линия TTY 711   |
| 6 | Amharic    | ያለ ምንምክፍያ በቋንቋዎ እርዳታና መረጃየ ማግኘት ሙብት አላቸሁ።<br>አስተርጓ ሚእንዲቀርብልዎ ከፈለጉ በጤና ፕላን መታወቂያዎት ላይ<br>ባለውበተጻ መስሙር ስልክ ቁጥር ይደውሉና ዐን ይጮኑ። TTY 711  |
| 7 | Arabic     | لك الحق في الحصول على المساعدة والمعلومات بلغتك دون تحمل أي تكلفة. لطلب مترجم<br>فوري، اتصل برقم الهاتف المجاني الخاص بالأعضاء المدرج ببطاقة مُعرّف العضوية الخاصة<br>بخطتك الصحية، واضغط على 0. الهاتف النصى (TTT) 711  |
| 8 | German     | Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer<br>Sprache zu erhalten. Um einen Dolmetscher anzufordern, rufen Sie die<br>gebührenfreie Nummer auf Ihrer Krankenversicherungskarte an und<br>drücken Sie die 0. TTY 711  |
| 9 | French     | Vous avez le droit d'obtenir gratuitement de l'aide et des<br>renseignements dans votre langue. Pour demander à parler à un<br>interprète, appelez le numéro de téléphone sans frais figurant sur votre<br>carte d'affilié du régime de soins de santé et appuyez sur la touche 0.<br>ATS 711. |

| 10 | Nepali   | तपाईंले आफ्नो भाषामा निःशुल्क सहयोग र जानकारी प्राप्त गर्ने अधिकार तपाईंसँग     |
|----|----------|---|
|    |          | छ। अनुवादक प्राप्त गरीपाऊँ भनी अनुरोध गर्न, तपाईंको स्वास्थ्य योजना परिचय       |
|    |          | कार्डमा सूचीकृत टोल-फ्री सदस्य फोन नम्बरमा सम्पर्क गर्नुहोस्, 0 थिच्नुहोस्। TTY |
|    |          | 711   |
| 11 | Tagalog  | May karapatan kang makatanggap ng tulong at impormasyon sa iyong                |
|    |          | wika nang walang bayad. Upang humiling ng tagasalin, tawagan ang toll-          |
|    |          | free na numero ng telepono na nakalagay sa iyong ID card ng planong             |
|    |          | pangkalusugan, pindutin ang 0. TTY 711  |
| 12 | Japanese | ご希望の言語でサポートを受けたり、情報を入手したりすること   |
|    |          | ができます。料金はかかりません。通訳をご希望の場合は、医療   |
|    |          | プランのID カードに記載されているメンバー用のフリーダイヤル   |
|    |          | までお電話の上、0を押してください。TTY専用番号は 711です。   |
| 13 | Cushite  | Kaffaltii male afaan keessaniin odeeffannoofi deeggarsa argachuuf mirga         |
|    |          | ni qabdu. Turjumaana gaafachuufis sarara bilbilaa kan bilisaa waraqaa           |
|    |          | eenyummaa karoora fayyaa keerratti tarreefame bilbiluun, 0 tuqi. TTY            |
|    |          | 711   |
| 14 | Persian  | شما حق دارید که کمک و اطلاعات به زبان خود را به طور رایگان دریافت نمایید. برای  |
|    |          | درخواست مترجم شفاهی با شماره تلفن رایگان قید شده در کارت شناسایی برنامه بهداشتی |
|    |          | خود تماس حاصل نموده و 0 را فشار دهید. TTY 711                                   |
| 15 | Kru      | Ni gwe kunde I bat mahola ni mawin u hop nan nipehmes be to dolla. Yu           |
|    |          | kwel ni Kobol mahop seblana, soho ni sebel numba I ni tehe mu I ticket I        |
|    |          | docta I nan, bep 0. TTY 711   |
| 16 | Ibo      | Inwere ikike inweta enyemaka nakwa imuta asusu gi n'efu n'akwughi               |
|    |          | ugwo. Maka ikpoturu onye nsughari okwu, kpoo akara ekwenti nke di               |
|    |          | nákwukwo njirimara gi nke emere maka ahuike gi, pia 0. TTY 711.                 |
| 17 | Yoruba   | O ní ẹtọ lati rí iranwọ àti ìfitónilétí gbà ní èdè rẹ láìsanwó. Láti bá ògbufọ  |
|    |          | kan sọrọ, pè sórí nọmbà ẹrọ ibánisọrọ láisanwó ibodè ti a tò sóri kádi          |
|    |          | idánimọ ti ètò ilera rẹ, tẹ '0'. TTY 711  |

# The company does not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

- Online: UHC\_Civil\_Rights@uhc.com
- Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608, Salt Lake City, UT 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the member toll-free phone number listed on your ID card.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

- **Phone:** Toll-free 1-800-368-1019, 1-800-537-7697 (TDD)
- Mail: U.S. Dept. of Health and Human Services. 200 Independence Avenue. SW Room 509F, HHH Building, Washington, D.C. 20201