

Virtual DBT Group Troubled Teen Industry (TTI) Survivors

Dialectical Behavioral Therapy supports individuals who want to better process their traumatic experiences, improve their relationships with others, and reduce feelings of isolation and unhappiness. In a group setting, DBT skills can be practiced in real time with the guidance of a therapist and the support of other survivors.

Group program fee of \$650.00 includes:

One 50-minute individual session with group therapist
Twelve 90-minute group sessions
All session materials

\$100 registration deposit
50% of balance due on 1st session
(cash, credit card, HSA accepted)

Tuesdays 4:30 - 6pm
April 6th - June 22nd

Call or email to register:

Lisa Kish-Pittman, LCSW

lisa@vitalcare.us

720.800.9397 (confidential voicemail)

