

# Music Therapist

Reports to: Agency Administrator

## **GENERAL STATEMENT OF DUTIES:**

Music therapists facilitate the process of self-expression, and the resulting music to help clients understand their emotional conflicts, allowing the client to express feelings of isolation, to improve communication skills, to decrease emotional suffering due to health status, and to develop coping and social skills, improve self-esteem, reduce anxiety, and restore normal function to their lives.

#### **DUTIES AND RESPONSIBILITIES:**

- Schedule intake and provide individual treatment to clients of all ages, specifically children and teens.
- Select approach to use in individual therapy such as directive, nondirective, and supportive therapy and plans frequency, intensity, and duration of therapy.
- Completes charts, treatment plans, progress notes, assessments, and other chart related documents and correspondence for assigned clients within a timely manner and according to organizational policy. Seek clinical consultation with clinical team members as necessary.
- Provide referrals for individuals who need more specialized care, to include working with other community resources and referral sources to coordinate services to clients.
- Participation of school services to include on-site school support groups,
  communication among school administrators and parents, as assigned by supervisor.
- Adheres to working schedules as needed to meet the needs of assigned clients, or notifying the agency supervisor in advance of an inability to meet scheduled appointments.
- Adheres to confidentiality law and procedures at all times.
- Attend regularly scheduled staff and clinical meetings.
- Maintain appropriate certification and strive to increase professional growth through ongoing trainings.
- Carry out other duties as required.

## SUPERVISORY RESPONSIBILITIES:

This job has no supervisory responsibilities.

#### **EDUCATION and/or EXPERIENCE:**

Shall be hold a Bachelor's, Master's or Doctorate in Music Therapy, maintain certification from the Certification Board for Music Therapists, and have at least one year of experience in the provision of music therapy to pediatric/adolescent clients, preferably with terminal illnesses.

## **ABILITIES, SKILLS AND KNOWLEDGE:**

Ability to read, analyze, and interpret common scientific and technical journals, professional journals, and legal documents.

Ability to read and interpret physicians' orders and notes from other caregivers as well as respond to them verbally and in writing.

Ability to effectively present information to clients and employees and community.

Ability to respond effectively to the most sensitive inquiries or complaints.

Ability to define problems, collect data, establish facts, and draw valid conclusions.

Ability to deal with several abstract and concrete variables. Ability to improvise in a home setting.

Ability to send/receive emails and use the internet for research and informational purposes.



#### **MUSIC THERAPIST**

## ABILITIES, SKILLS AND KNOWLEDGE: (continued)

Ability to use MS Excel to create a spreadsheet with minimal instruction.

Ability to use MS Word for communication and documentation purposes.

Ability to use independent judgment to manage and impart confidential information.

Skill to attend to multiple tasks at once which are time sensitive.

Thorough knowledge of music therapy theory and practice, practice and care of the terminally ill, communication skills and case management.

Basic knowledge of Windows operating system and ability to advance computer skills as required. Ability to establish and maintain effective working relationships with fellow employees, the public, and supervisors.

## **SPECIAL REQUIREMENTS:**

Current TB screening upon hire and annually thereafter;

Annual Influenza Vaccination upon hire and annually thereafter;

Possession of a valid state driver's license with reliable transportation and applicable car insurance.

#### **PHYSICAL REQUIREMENTS:**

Ability to regularly sit, stand, stoop, bend, kneel, walk, balance, crouch, crawl, push, pull, reach with hands and arms and talk and hear.

Ability to frequently use hands to finger, handle, or feel.

Ability to occasionally climb and use sense of smell.

Ability to frequently lift and/or move up to 15 pounds and occasionally lift and/or move 100 pounds.

Ability to perform the anticipated level of physical assist required to provide safe client care. If the anticipated level of assist is greater than that which the employee can safely provide, the supervisor is to be notified immediately.

Ability to use close vision, distance vision, color vision, peripheral vision, depth perception. Ability to adjust focus.

## **WORK ENVIRONMENT:**

The employee is frequently exposed to outside weather conditions.

The work environment is highly variable, as care is provided in private homes.

Lighting, acoustics, air quality, temperature and environmental hazards are not predictable.

The employee is occasionally exposed to wet and/or humid conditions, household pets/animals, fumes or airborne particles, and toxic or caustic chemicals.

The noise level in the office work environment is usually moderate.

### TRAVEL:

The employee is required to travel frequently to complete in-home visits. There are occasional trips to locations outside the county.

I have received and understand the information contained above. I am able to complete the job as outlined.