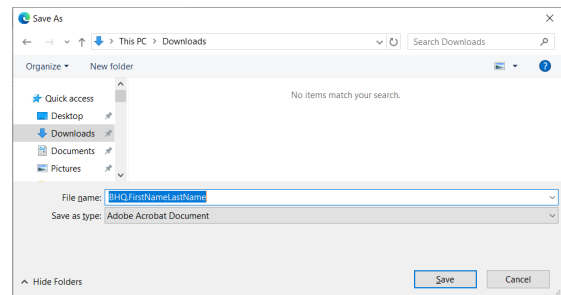# BEHAVIORAL HEALTH QUIZ

Name: _____

True or False

1. The "when and then" pattern of limit setting reflects on the client's current behavior.

2. Limit setting helps us offer choices and consequences to our clients to assist with verbal intervention.

Multiple Choice

3. What are the three factors to setting limits with our clients?
   a. Simple and clear, reasonable, and enforceable
   b. Simple and clear, negotiable, and enforceable
   c. Negotiable, enforceable, and reasonable
   d. None of the above

4. Which of the following patterns requires the staff to reflect of the client's behavior and to consider a positive alternative behavior when setting limits with the client?
   a. Interrupt and redirect pattern
   b. When and then pattern
   c. If and then pattern
   d. All the above

To save and return this test:

1. Click on the "Save As" icon at the top of the screen.

2. A "Save As" file window will appear. In "File Name" type "BHQ" and your first and last name.
   For example: BHQKarinDolph

3. Click "Save"

4. Send via email to "coordinators@vitalcare.us"

- THANK YOU